

About Us

Centro Ararat, Inc. is a nonprofit community-based organization founded in 2001. It provides primary and preventive healthcare services, using a biopsychosocial approach, to various populations through its five clinics, two pharmacies, and one laboratory located in Ponce, San Juan, and Arecibo.

Our Services

- Primary Care
- Family Medicine
- Internal Medicine
- Infectious Diseases
- Psychology
- Nutrition
- Pharmacy
- Nursing
- Vaccinations
- Specimen Collection
- Health Certificates
- Case Management
- PrEP, PEP, and DoxyPEP
- STI and HIV Testing
- Reserach Studies
- Hormone Optimization



Access this digital version and other downloadable educational resources.

Ponce:
787-284-5884

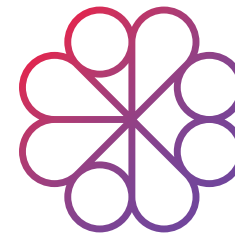
San Juan:
787-296-8888

Arecibo:
787-680-0236

@centroararat     

centroararat.org

REMINDER: This publication is for informational purposes only. It does not contain medical advice, diagnosis, or treatment.



**CENTRO
ARARAT**
aquí por tu salud

About
Us

Mission

We provide high-quality primary care grounded in clinical innovation and continuous education, in an environment that fosters a sense of belonging, respect, dignity, and self-care for every person who places their trust in our services.

Vision

To be a leader in primary healthcare services by providing comprehensive, compassionate care supported by cutting-edge clinical standards, with the goal of promoting the lasting health and well-being of every person we serve.

Values

Excellence: Committed to clinical quality and continuous improvement.

Respect: We recognize and protect the dignity of every person at all times.

Solidarity: We support those facing health challenges with empathy and action.

Impartiality: We provide care with neutrality and integrity, without distinction or favoritism.



We provide comprehensive primary healthcare services in a welcoming environment that fosters a sense of belonging, supported by an interdisciplinary team. Our services include preventive care, routine physical examinations, and the management of chronic health conditions, such as diabetes and hypertension, as well as infectious diseases, including HIV and hepatitis.

Ponce: 787-284-5884 / San Juan: 787-296-8888
Arecibo: 787-680-0236



Provides sexual health services to participants through information, guidance, and screening for sexually transmitted infections and HIV, with an emphasis on access to prevention materials and PrEP for HIV prevention. The right to sexual healthcare is recognized as a necessary and integral part of people's lives.

San Juan: 787-296-8888
Ponce: 787-284-5884 / Arecibo: 787-680-0236



Our pharmacists and pharmacy technicians, as an integral part of the healthcare team, focus on understanding and addressing the needs of our participants. We provide individualized consultations, medication reconciliation, and guidance on taking medications as prescribed. We also offer medication assistance programs.

Ponce: 787-284-4488 / San Juan: 787-705-3900